



Heifer International

For more than 75 years Heifer International has helped more than 20 million families in 125 countries to attain sustainable livelihoods and lift themselves out of hunger and poverty. Heifer's motto "Passing on the Gift" means families share the training they receive, and pass on the first female offspring of their livestock to another family in need. This extends the impact of the original gift, allowing a once impoverished family to become donors and full participants in improving their communities.

The goal of every Heifer project is to help families achieve self-reliance and then be a helper to a neighbor in need. Heifer also maintains Global learning centers that demonstrate its agricultural training and where visitors can experience firsthand Heifer's work.

You can advance the work of Heifer and honor a friend or loved one by making a gift of a Heifer cow, a flock of chickens, a goat, a sheep, a llama, a pig, a trio of rabbits, tree seedlings, a water pump, honey bees and much more.

Check out Heifer's life-giving Christmas catalogue for more ideas. Heifer has so many life-affirming initiatives, such as the Women's Empowerment Projects in Guatemala and Nepal, Income Project in Cambodia, and the Rural Entrepreneurs for Agricultural Cooperation in Haiti (REACH) Project.

Donations may be made online at <https://www.heifer.org> or mail your check made out to Heifer International to:

Heifer International
1 World Avenue
Little Rock, AR 72202
USA

Don't forget to utilize your company's Matching Gift Program!